

ENGLISCH

Infoplattform Familien zuhause

Dear parents, children and youth,

because of the contact ban,

the few ways to meet the family and friends and because of the cramped living space,

conflicts and anxiety will often occur in the families. Boredom can also lead to fights between siblings, parents being annoyed and with that also stressful situations.

Many families are wondering: what happens with kindergartens and schools? What is going to happen to their job? What can we do to prevent boredom? How can we get support if the family is having problems?

The "Infoplattform Familien zu Hause" is offering three ways on the website of Bottrop city:

www.bottrop.de/coronavirus/familie-zu-hause/index.php

1. Counseling telephone for many questions.

2. Interactive offers and contacts for youth facilities

3. Info box with many interesting contributions (films, information, tips)

For immigrant families there is the possibility to call in a translator on the telephone. They can also ask someone they know from their neighbours.